



*Where could you find more relaxation than in the beauty- and wellness centre of the Alpenkönig Tirol *****?*

First class products, relaxing music and experienced beauty specialists stimulate the senses with cosmetics, massages and herbal body treatments. And on top of this, our beauty centre offers everything that makes you feel pleasant and gives new energy.

Wellness and Spa are an integrated experience; you can practice to find balance between body and soul. The balance you will find shall reinforce your senses.

Relaxation, recovery, delight, beauty and vitality give you the strength and inner balance that you need to enter daily life.

Spoil yourself and visit our beauty centre to collect new energy!





Baths in temperate relaxing waterbeds

Alga package

ca. 50 min.

85,-- Euro

This treatment offers a perfect combination of bath comfort and nature experience. A purifying and tightening package of algae activates the metabolism and helps to reduce retention and fat depots.

Mud package/ fango package

ca. 25 min

36,-- Euro

To threat chronic rheumatic or chronic polyarthritis, arthritis, joint ache, chronic degenerative spinal illness and chronic muscle aches. By the use of the special waterbed you can escape the everyday routine.

Cleopatra package

ca. 25 min.

42,-- Euro

An oil tintured fleece encloses your body. As a result of the divers oils capability of entering into the skin various layers of the skin will be moistened and regenerated.

Evening prime rose cream bath

ca. 25 min.

42,-- Euro

The evening prime rose as a medical plant stimulates the immune system and the blood circulation of the skin. This intensive care causes the skin to be remoistened which is in particular very good for dry skin and regulates the hormone metabolism.

Herbal package

ca. 25 min.

38,-- Euro

Depending on whether the treatment should be stimulating or relaxing, you can choose different herbals and extracts. Fleece cloths absorb the extracts and are wrapped around the body. Lying on a warm waterbed, wrapped in those clothes, the herbals can optimally work your body.





Baths

Ocean salt – sesame bath

ca. 25 min.

30,-- Euro

Salt from the Dead Sea mixed with sesame oil donate minerals, trace elements and moisture at the same time. The combination conjures relaxation and an unforgettable, cultivated skin.

Relaxation bath

ca. 25 min.

30,-- Euro

Perfectly combined with precious ingredients, this bath creates inner harmony and awakes new energies. With salt out of the Dead Sea and extracts of hay flowers, roses, oranges or lavender, it has a calming and balancing effect on ones body.

Goat milk bath

ca. 25 min.

30,-- Euro

A carefully prepared bath is well known as the most effective medium for beauty and health. The goat milk bath is well for skin care, skin moisture and blood circulation.

Vitality bath

ca. 25 min.

30,-- Euro

To reclaim and experience body and soul, especially by colds. A vitality bath is defined by a special arrangement of high quality oils, like fir needle oil, eucalyptus oil and lavender oil. The chosen essential lotions like castor oil, jojoba oil or soy bean oil, spoil the skin and make it elastic and smooth.

Fossil bath

ca. 25 min.

30,-- Euro

A relaxing and calming bath to support the muscular system. The presence of an organic sulphur accomplish an extremely sense of well-being.





MASSAGES

Essential oil massages

ca. 25 min.	38,-- Euro
ca. 50 min.	64,-- Euro

Essential oils individually harmonized with your body will be massaged into your skin softly. They act upon your body as well as your mind. Depending on the oil, this treatment is either relaxing or stimulating.

Shiatsu

ca. 25 min.	35- Euro
ca. 50 min.	68- Euro

The favourable effects of the SHIATSU -massage on the body, also accomplish a change on the emotional state. SHIATSU combines traditional cognition from Chinese medicine with modern treatment techniques. It stimulates the autonomous nervous system and has a deep effect on the vital functions. The focus is to find balance and energy. Please wear comfortable long pants, a shirt and socks while receiving this body massage.

Lymphoid drainage

ca. 25 min.	35,-- Euro
ca. 50 min.	61,-- Euro

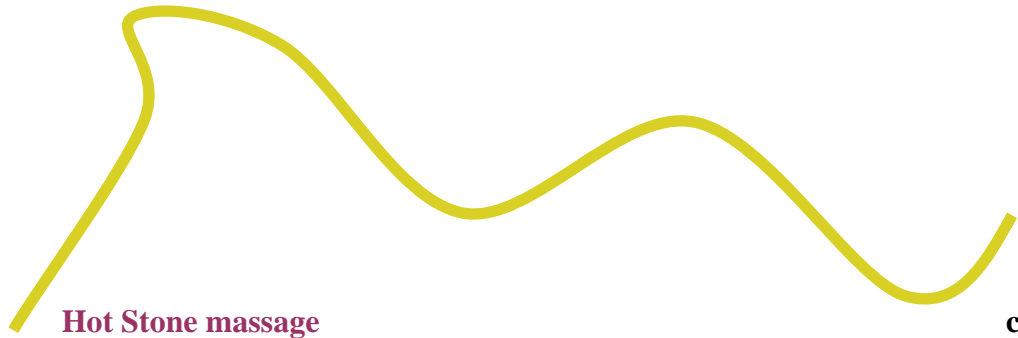
Through soft pumping hand movements the flow of the lymph system will be activated. Cider and poison fluids will be removed from the system. This treatment has an extenuating effect on strains and water depots on different parts of the body.

Reflexology

ca. 25 min.	35,-- Euro
ca. 50 min.	61,-- Euro

The reflexology stimulates the blood circulation of the organs and the strained energy will restart to flow. This massage assists the body's self-healing process and harmonises the whole body.





Hot Stone massage

ca. 80 min.

130,-- Euro

It especially gives new energy when nature strains the energetic power. The hot stones move pleasantly comforting and soft across the skin. A mystic feeling as if energy is being set free and directly enter the skins receptors will overcome the body.

Alpenkönig spezial massage

ca. 50 min.

65,-- Euro

A back massage in which classical massage and calming essential Tyrolean stone oil warm and relax the back. We will give you a relaxing feet and hand massage to wind up the application.

Tyrolean stone oil massage

ca. 50 min.

59,-- Euro

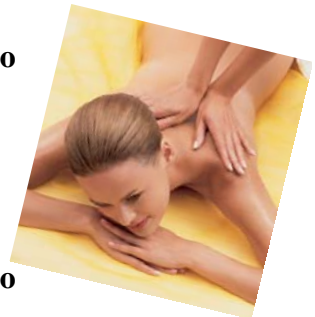
The neck, shoulders and the lumbar vertebra will be massaged with warm objects and special stone oil from Tirol. This treatment is especially recommended by back problems.

Body peeling

ca. 25 min.

39,-- Euro

Good pre-treatment of the skin before the following body treatments.



Children's stroking massage

ca. 30 min.

33,-- Euro

The relaxing children's massage loosens tensions and dissolves blockades that have to do with false postures. Because we use soft pressure and essential coco oil your child will have an experience that it will never forget.

Ear candle Aroma treatment

ca. 25 min.

1 treatment 32,--Euro

3 treatments 84,-Euro

Within this treatment, the face is treated with essential oils and a face massage. The effect will be directly noticeable! Ear candling is an alternative medicine practice claimed to assist the natural clearing of earwax from a person's ear by lighting one end of a hollow candle and placing the other end in the ear canal. This will give you an intensive and nice feeling, which will relax you. Not only can it be relaxing, it will also calm down overactive kids. We recommend you to have more than one treatment.



Alpenkönig Tirol
REITH/SEEFELD ★★★★★



Decleor body treatments

Aroma Decleor Massage

ca. 50 Min.

75,-- Euro

To take performance to the new heights, this 100% natural balm combines the pleasure of a simple and effective massage. You can choose between Relax, Flow, Detox and Tonic.

Aroma RELAX Body

ca. 55 Min.

93,-- Euro

A nice wellness treatment for your senses. With natural herbal peeling and a special Decleor back massage. With its smooth, rich and delicious texture, the Aroma balm which is being applied, promises absolute relaxation. After the nice massage we use the Spa Sauna Mask to make your skin look perfectly nourished.

Aroma DETOX Body

ca. 55 Min.

95,-- Euro

Detox in general is the removal of toxic substances from the body. We give you a whole body treatment, with an herbal peeling and a black pepper mask.

Aroma TONIC Body

ca. 55 Min.

99,-- Euro

A body treatment to tighten your skin smooth with a herbal peeling and an algae mask.

Perfect Contour

ca. 50 Min.

89,-- Euro

A detoxifying and purifying partly body treatment, highly useful against cellulites. Beginning with a nourishing crème peeling, the following curry, mustard and black pepper mask has a healthy effect on the skin.

Firming body treatment TONIC

ca. 45 Min.

87,-- Euro

A high quality crème peeling and a algae mask which act against stretch marks.

Perfect Legs FLOW

ca. 45 Min.

83,-- Euro

An exfoliation and massage followed by a cooling gel mask. The perfect answer for tired, aching legs and feet. A circulating partly body treatment for tired and heavy legs. A nourishing cream peeling and strong cooling ruscus, and horse chestnut mask.



Decleor face treatments

Aroma face massages

ca.40 min.

69,-- Euro

An extraordinary massage based on the energy and intensity of essential oils. This massage is a combination of soft stimulation of the acupressure and smooth stroking movements. The main focus (without peeling and mask) is the massage with skin specific essential oil and balm. This is the ideal treatment to release stress, to calm down and gain absolute relaxation.

Aroma for men

ca. 50 min.

79,-- Euro

This cooling treatment for men is predestinated for men's skin with its predicate of skin irritation, redness and burns after shaving. Present your skin a feeling of freshness, relaxation and a 100 % sense of well-being.

Aroma lady

ca. 50 min.

95,-- Euro

Enchanted by the odour of orange blossom and peppermint not only your senses will be spoiled. The active ingredients of hazelnut, Shea butter and hyaluronic acid also come along with this treatment to supply you with a feeling of relaxation and smoothness.

Aroma Gala

ca. 80 min.

119,-- Euro

This extraordinary treatment helps to improve the appearance of your skin and cleavage; it supports the natural skin functions and gives new splendour. The teint will appear brilliant, clear and smooth. This is the beauty tip for special occasions.

Aroma plastie

ca. 80 min.

129,-- Euro

A feeling of well-being with an absolute natural mask. The unique 100% natural care consists of linseed, wheat germ and sunflower seeds. It has two effects. It stimulates and enhances the action of other treatment products and perfectly adapts to the needs of the different skin types. As a complete beauty treatment this mask acts upon the main deficiency symptoms of the skin. To optimize the Aroma plastie treatment a special purification ritual (special skin cleaning and peeling) will be held prior to the treatment and one of 6 skin specified masks will be chosen.

Aroma Expert

ca.90 min.

149,--Euro

A feeling of well-being with a special mask. An extraordinary treatment with freshly prepared special masks which meet the highest level of skin requirements. Each mask is perfectly harmonized with the individual skin type. Always in a combination with skin specified essential oils and balm you will see results after the first treatment.

EXTRAS

Face massage with aroma	32,--Euro
Face massage with a Mask	35,--Euro
Colour eyebrow during the face treatment	7,--Euro
Colour eyelashes during the face treatment	11,--Euro
Colour eyebrow, colour eyelashes and eyebrow correction	24,--Euro
Eyebrow correction	10,--Euro
Colour eyebrow	9,--Euro
Colour eyelashes	13,--Euro



Hand and Feet treatment

Manicure with massage	29,-- Euro	
Pedicure with massage	36,-- Euro	
Nail painting	5,-- Euro	
French	10,-- Euro	
Hand paraffin or feet paraffin		19,-- Euro
Hand bath – hand peeling – hand/arm massage/ hand paraffin package		45,-- Euro
feet bath – feet peeling – feet massage/ feet paraffin package		45,-- Euro

Depilation

Upper lip, Chin	21,--Euro
Legs till knees	36,--Euro
Legs completely	55,--Euro
Bikini zone or armpit	29,--Euro





Alpenkönig Seefeld

Tel.: +43-5212-33200 Fax: +43-5212-3320700 REIZUNGSFELD *****

Mail: info@alpenkoenig.at